21 January 2018

Dear Parents

Riebeek College will be offering the services of a psychologist in 2018. A consultant psychologist and Biokineticist, Nerine Loock, has agreed to partner with Riebeek to offer counselling, assessment and workshop sessions here at Riebeek College.

She offers a range of specialized services such as assessment, diagnosis and intervention designed to assist those dealing with life challenges, adjustments, and developmental problems, aiming to optimize psychological well-being.

Below, find listed some examples of the issues Nerine is qualified to deal with:

Trauma Personal growth

Depression and anxiety Career and subject choice

Bereavement Pain management

Relationship issues Mental toughness for athletes

Sexual abuse Coping with illness and injury

Behavioural intervention School readiness

Emotional intelligence Neuropsychological assessments.

There is a fee for individual counselling or assessment sessions. This can be paid in cash or claimed through your medical aid. Nerine works closely with psychiatrists, doctors and medical practitioners to ensure the best possible treatment for her clients.

Should you wish your daughter to receive counselling with Nerine, you would be required to sign the necessary consent form.

Kind Regards

Kieran Stear

PRINCIPAL